

Positivity Pledge!

You are special and unique, just the way you are, and you are always enough! Remember, you are important and loved. You have everything inside you to be amazing! Complete the sentences by writing down things you like about yourself! Then draw pictures that go along with those positive traits. Celebrate your unique qualities, and express yourself through art!

I am _____

I am _____

I am _____

I am _____

I am _____

Check for Understanding

- As the girl climbs the ladder, what do you think she is thinking? (p. 11 - 12)
- The girl talks about getting up again, even if you don't win. (p. 18) Share about a time you had to get up and try again.
- What should you do when things get tough? (p. 19)
- The girl talks about how sometimes people disagree. (p. 21 - 22) Talk about a time you had a disagreement with someone. How did you solve it?

A little girl finds many ways to show how she is unique, powerful, loving, and strong. She connects her strengths to everyday items, thoughts, and feelings. Through the main character, the author describes the many different sides of us and celebrates the positive qualities that make every child unique. This story sends a powerful message to readers that whoever you are, wherever you are from, and however you look—you are *enough*!

? Before reading, you could ask ...

What do you think the book *I Am Enough* might be about based on the title?

What does being enough mean to you?

Think of one good thing about yourself, and share it with the person next to you.

December Family Reading Tip of the Month: Make Connections

When children make connections between their book and their own lives, the world around them, and other books they have read, they can better understand what they are reading.

You can ask:

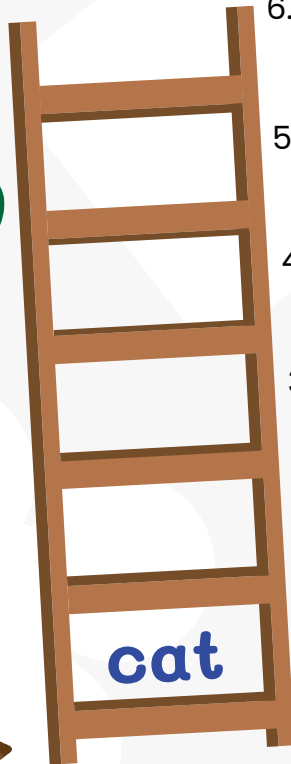
- If you were the main character, what would you do?
- How is this book similar to or different from another book you have read?
- What are some things in this book you wonder about?

Help your child make connections by asking questions about what they read!



Rooted in Confidence!

Imagine that there is a tree full of delicious word apples, but they're too high for you to reach. Don't worry! Use the clues next to the ladder, and write the correct word on each step to climb up the ladder and reach the top of the tree. When you finally reach the top, shout out the words on the apples and pretend to eat them! Enjoy the word-filled adventure, and have a great time!



6. I will _____ I am enough!
5. We _____ a place here on Earth!
4. I am here to win, _____ if I don't, I will try again!
3. We _____ right here to live a life of love, not fear!
2. I _____ enough!
1. A _____ will purr.

Answer key
1. cat 2. am 3. are 4. but 5. have 6. say

Bonus Activity

Practice creating a sentence using each of your words!

Word Garden!

Hello, word gardener! Welcome to your joyful vocabulary adventure! You will discover new words and their meanings through fun and playful exercises. Watch as delightful words blossom in your writing, making learning an amazing experience! You have the power to do it!

soar
(p. 5)

If something **soars**, it quickly rises or flies high into the air. The girl **soars** high in the air on the swing. Draw a picture of something that can **soar** through the air.

swell
(p. 17)

If something **swells**, it becomes larger than it was before. The girl's belief in herself begins to **swell**, or grow larger, as she tries her hardest in the race. Can you think of something that would **swell**? Share with an adult.

dictate
(p. 25)

If you **dictate** to someone, you tell them what they should do or can do. Everyone should be treated fairly. The way people look should not **dictate** how they are treated. Use the word **dictate** in a sentence!
